

## APPETIZER / APERITIVOS

## Refried beans

Side of chips, refried beans and sour cream on top.

## Ceviche de Pescado - Fish Ceviche

Chopped tilapia fillet cooked in lime juice, onions, cilantro, tomatoes and avocado, served with crackers.

Ceviche de Camarón - Shrimp Ceviche


Chopped shrimp cooked in lime juice, onions, cilantro, tomatoes and avocado, served with crackers.

## Guacamole Nicaraguan style

Avocado, boiled egg, red onion, tomato, salt and lime.

## Chicken Wings

Served with carrots and celery. Choice of buffalo, barbecue or house sauce.
$\$ 4.99 \quad$ Cheese Dip
$\$ 5.49$
$\$ 9.49$

## Tostones con queso

Tostones or patacones (Green mashed plantain deep fried) with fried cheese and cabbage salad

## Maduro con queso

Sweet Plantain slices with fried cheese and cabbage salad.

Tostones con carne

Tostones or patacones with carne asada and cabbage salad.

Tostones con Camarones

Tostones or patacones with a touch of guacamole, grilled shrimp and cabbage salad.

## Bandeja criolla

$\$ 19.99$

Tostones with cheese, tostones with carne asada, tostones with shrimp, tostones with pork, vigoron, one beef taco, one chicken taco, refried beans with sour cream, guacamole, sweet plantain, cabbage salad and pico de gallo.

## $\$ 7.99$

## $\$ 8.99$

$\$ 9.99$

## $\$ 7.99$

Tostones Mixtos

Tostones or patacones with grilled shrimp, carne asada, pork, cheese and cabbage salad.


## CARNES I MEATS

## Carne Desmenuzada - Shredded Beef

Is also known as Ropa Vieja in other countries. This shredded Beef is cooked in a rich sauce with spices, onions, green peppers and tomatoes. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.

## \$15.99

Bistec Encebollado - Onion Steak
$\$ 16.99$
Delicious flat skillet steak cooked in tomato, green peppers and onions sauce. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas and house salad.

Carne Asada - Grilled Steak
Delicious Steak marinated in a tart and savory blend of bitter orange and grilled to tender perfection. Served with gallopinto or white rice and refried beans, tostones (fried grren plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.
Carne en Salsa Jalapeño - Steak in Jalapeño Sauce
Flat steak served with our flavorful and spicy jalapeño and onions sauce on top. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas and house salad.

Carne en Salsa de Hongos - Steak in Mushroom Sauce
Flat steak cooked with our special and flavorful cream of mushroom. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas and house salad.

## Tacos de Carne Asada

Three corn tortillas filled with sliced steak, cilantro and onions. Served with rice and beans.

## Lengua en Salsa

\$17.99
Tender beef tongue in tomato-bassed sauce with veggies. Served with rice cabbage salad and tostones.

## Ribeye Dinner

Seasoned and grilled to perfection. Served with french fries, coleslaw and dinner rolls.

## Churrasco

Grilled Sirlion Steak served with our Nicaraguan version of chimichurri sauce, which is chopped parsley, garlic, olive oil and white vinegar. Served with tostones, white rice, house salad and lime.

## ENTREES INCLUDE

Gallopinto or white rice and refried beans, tostones, tajadas, maduro or tortillas and cabbage sala.

## POLLO I CHICKEN

## Pollo en Salsa Jalapeño / Chicken in Jalapeño Sauce

Juice grilled chicken breast with our flavorful and spicy jalapeño and onions sauce on top. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas and house salad.
$\$ 16.99$

## Pollo en Salsa de Hongos /

 Chicken in mushroom sauceJuice grilled chicken breast with our special and flavorful cream of mushroom. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas and house salad.

## Pollo Desmenuzado - Shredded Chicken

This shredded chicken is cooked in a rich sauce with spices, onions, green peppers and tomatoes. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.

## Pollo Asado - Grilled chicken

1/2 Grilled chicken and wing marinated in a mixture of citrus juices, achiote and spices Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.

Tacos de Pollo (Mexican style)

## Grilled Chicken Burger

Juicy and flavorful chicken breast, with bacon, lettuce, tomato, mayonnaise, onion and pepper jack or american cheese. Served with potato fry wedge or french fries.

## Cheeseburger

Angus beef with american cheese and mayonnaise. You can ADD lettuce, tomato and onions. Served with potato fry wedge or french fries.

## Toston burger

Toston, with angus beef, bacon, lettuce, tomato, onions, cilantro sauce, american or pepper jack cheese. Served with potato fry wedge or french fries.

## BBQ burger

Angus beef with BBD sauce, american or pepper jack cheese, lettuce, tomato and onion. Served with potato fry wedge or french fries.

## Nicas burger

Angus beef with guacamole, bacon, american or pepper jack cheese, lettuce, tomato, and onion. Served with potato fry wedge or french fries.

## Deluxe burger

Angus beef with salted mushrooms, bacon, pepper jack or american cheese, mayonnaise, lettuce, tomato and grilled onion. Served with potato fry wedge or french fries.

## Monster burger

$\$ 19.99$
$\$ 12.99$
$\$ 12.99$
$\$ 12.99$
$\$ 12.99$
$\$ 13.99$
$\$ 14.99$

Doble angus beef with doble bacon, mayonnaise, doble pepper jack or american cheese, lettuce, tomato, onion and cilantro sauce topped with a delicious Nicaraguan fried cheese. Served with potato fry wedge or french fries.

## Cerdo Asado - Grilled Pork

Juicy and delicious grilled pork seasoned with spices and achiote marinated in a tart and savory blend of bitter orange and grilled to tender perfection. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.

## Cerdo Adobado - Marinated Pork

Slow cooked Pork Loin marinated with achiote and laurel leaves. Served with gallopinto or white rice and refried beans, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas, cabbage salad and pico de gallo.

## Vigorón sencillo

Boiled cassava with crispy pork skin and cabbage salad dressing with lime juice and pico de gallo.

## Chancho con Yuca

Boiled cassava with Slow cooked Pork Loin and cabbage salad dressing with lime juice and pico de gallo.

## Vigorón Mixto

Boiled cassava with crispy pork skin and adobado pork loin and cabbage salad dressing with lime juice and pico de gallo.

## Tacos de Carnitas

\$12.49
$\$ 15.99$
$\$ 9.99$
$\$ 10.99$
$\$ 12.99$

Three corn tortillas filled with roast pork, cilantro and onions. Served with rice and beans.

## DEL MAR I SEAFOOD

## Tacos de Camarones

## $\$ 13.99$ Coctel de Camaron - Shrimp cocktail

$\$ 14.99$
Three corn tortillas filled with delicious shrimp, cilantro, onions, avocado and lime. Served with rice and beans.

Gooked shrimp mixed with chopped onions, tomato, avocado and cilantro poured in a tomato-based sauce.

## Camarones en Salsa Jalapeeña - Shrimp in Jalapeñ̃o Sauce

Seasoned Grilled Shrimp served with our flavorful spicy jalapeño and onions sauce on top. Served with white rice, house salad, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas.

## Camarones en Salsa de Hongos - Shrimp in Mushroom Sauce

Seasoned Grilled Shrimp served with our special and flavorful cream of mushroom. Served with white rice, house salad, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas.

## Camarones al Ajillo - Garlic Shrimp

Seasoned grilled shrimp served and marinated with a flavorful garlic sauce. Served white rice, house salad, tostones (fried green plantain), tajadas (fried plantain strips), maduro (sweet plantain) or corn tortillas.

## Pescado a la Tipitapa

## $\$ 16.99$

Sopa Marinera - Seafood soup
Beyond a wealth in tradition, a perfect combination of blanched squid, shrimp, mussels, scalot, surimi, crab leg and tilapia fillet cooked in one pot with vegetables and aromatics. Boiled with milk and butter. Served with white rice, tostones or corn tortillas.

## FAVORITES / FAVORITOS

## Enchiladas

Two Fried Corn tortillas filled with a delicious mix of rice and shredded beef. Served with cabbage salad and pico de gallo on top.

## Tacos (Nicaraguan Style)

## $\$ 9.99$

## $\$ 10.99$

Three fried tortillas filled with shredded beef or chicken topped with cabbage salad, ketchup and sour cream.

## Repocheta

Two corn tortillas crisp-fried covered with refried beans, shredder cheese, cabbage salad, sour cream and ketchup. Add beef or chicken for $\$ 1.00$

## Tajadas con Queso

$\$ 9.99$

## Nica Nacho

Choice between: grilled steak, chicken, pork or great combination of the three meat. Served with refried beans, jalapeño, lettuce, pico de gallo, sour cream, shredded cheese and cheese sauce. ADD Nicaraguan fried cheese for $\$ 4.99$

## Burrito Nica

Wrapped grilled steak, pork or chicken with gallopinto, sweet plantain, sour cream, fried cheese, tomatoes and cilantro sauce. ADD cheese sauce for $\$ 1.99$

## Fajita Nachos

$\$ 14.99$
Choice grilled steak or chicken, cooked with green peppers, onions, tomatoes, topped with lettuce, tomatoes, sour cream, shredded cheese and cheese sauce.

Fried plantain strips with fried cheese served with cabbage salad and pico de gallo.
ADD steak or pork for $\$ 4.99$

## Nacatamales

Nicaraguan tamale version. Corn dough stuffed with pork seasoning with achiote and Nicaraguan spices, rice, potato, tomato, fresh mint, green pepper, garlic and onion wrapped in banana leaves and steamed. Served with bread or corn tortillas.

## PARA COMPARTIR ITO SHARE

## El Parrillon

Garne asada (grilled steak), cerdo asado (grilled pork), pollo asado (grilled chicken), chicken wings, grilled sausage, fried plantain, fried Nicaraguan cheese, maduro (sweet plantain), cabbage salad, pico de gallo, jalapeño, corn tortillas, grilled onions, gallopinto, chimichurri, cream of mushroom and jalapeño sauce. Served in a small grill.

## EXTRAS

| Refried Beans | \$2.99 | Gallo Pinto | \$2.99 | Grilled Sausage | \$2.50 |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Rice | \$2.99 | Maduro | \$3.99 | Tortillas | \$1.49 |
| Tajada | \$3.99 | Salsa de Hongos | \$3.99 | Yuca | \$3.99 |
| Fried cheese | \$4.99 | Tostones | \$2.99 | Avocado | \$3.99 |
| Cabbage salad | \$1.99 | Sour Cream | \$1.49 | Coleslaw | \$2.99 |
| Salsa Jalapeña | \$3.99 | Bread | \$1.25 |  |  |

## KIDS MENU $\$ 7.99$

- Chicken Nuggets and fries •Chicken strips and fries • Mozarella Sticks


## SENIOR MENU (65+) \$7.99

## Traditional

Gallopinto, cheese repocheta, grilled sausage, cabbage salad and pico de gallo.

## Fish Fry

Tilapia fish with fries, coleslaw, dinner roll and butter.


## ENSALADAS /SALADS

## Grilled chicken salad

Lettuce, tomato, carrot, red onion, cucumber, mushrooms, avocado and chimichurri on top of the chicken.

Grilled steak salad
Lettuce, tomato, carrot, red onion, cucumber, mushrooms, avocado and chimichurri on top of the steak.

## Grilled shrimp salad

Lettuce, tomato, carrot, red onion, cucumber, mushrooms, avocado and chimichurri on top of the shrimp.

## $\$ 11.99$

## No meat

$\$ 8.99$

Lettuce, tomato, carrot, red onion, cucumber, mushrooms, avocado and lime.
You can ADD cheese for $\$ 1.99$ or eggs for $\$ 1.99$

## $\$ 12.99$

$\$ 13.99$


## ON WEEKEND

## Sopa de res - beef soup

Beef bone soup with vegetables as ayote, cabbage, yellow squash, corn, cassava and zucchini. Served with rice and corn tortillas.

## LUNCH MENU <br> (MONDAY-FRIDAY 11am-3pm)

## \#1 Garne asada - Grilled steak

Grilled steak served with gallopinto, corn tortilla, tajadas (fried plantain strips) or maduros (sweet plantain) and cabbage salad.

## \#3 Pollo asado - Grilled chicken

Grilled chicken served with gallopinto, corn tortillas, tajadas (fried plantain strips) or maduros (sweet plantain) and cabbage salad.

## \#5 Carne desmenuzada - Shredded beef

Shredded beef marinated with Nicaraguan seasonings served with white rice or gallopinto. Corn tortillas, tajadas (fried plantain strips) or maduro (sweet plantain) and cabbage salad.
\#6 Pollo desmenuzado - Shredded chicken
Shredded chicken marinated with Nicaraguan seasonings served with white rice or gallopinto. Corn tortillas, tajadas (fried plantain strips) or maduro (sweet plantain) and cabbage salad.

## \#7 Pechuga de pollo - Grilled chicken breast \$9.99

Juice grilled chicken breast topped with cream of mushroom or jalapeño sauce. Served with white rice or gallopinto. Corn tortillas, tajadas (fried plantain strips) or maduro (sweet plantain) and house salad.
$\$ 9.99$

## $\$ 9.99$

## $\$ 9.99$

\#2 Cerdo asado - Grilled pork
$\$ 9.99$
Grilled pork served with gallopinto, corn tortillas, tajadas (fried plantain strips) or maduros (sweet plantain), and cabbage salad.

## $\$ 9.99$

\#4 Filete de pescado - Tilapia fillet
$\$ 9.99$
Grilled tilapia fillet served with white rice, mushroom sauce or jalapeño and onions white sauce, corn tortillas, tajadas (fried plantain strips) or maduro (sweet plantain), house salad and lime. ( .

## .

## DESSERTS

| Flan | $\$ 5.99$ |
| :--- | ---: |
| Tres Leches | $\$ 5.99$ |
| Ice Cream | $\$ 3.99$ |
| (vanilla, strawberry, chocolate) |  |

## Coca cola products:

Coke, Diet Coke, Sprite, Mellow Yellow, Root Beer, Fanta.a

## Semilla de jícaro:

It's one of the most traditional and important drinks of Nicaraguan gastronomy. It's made from Jícaro seeds that is ground or blended with cinnamon and soaked rice, flavored with a touch of vanilla

## Cebada:

Millennial use, barley has a lot of therapeutic and nutritional properties and stands out for its consistency and relaxing flavor. It is powdered barley and pineapple.

## Cacao:

It's a milk based drink made with toasted raw cacao beans, rice, cinnamon, a bit of vanilla extract and granulated sugar.
$\$ 2.99$

Iced tea:
$\$ 2.99$
Unsweetened, Sweetened, Raspberry.

Coffee:
Free Refills

Lemonade:

Juice:

## $\$ 3.50$

Orange or Apple

Jarritos:
$\$ 3.50$
strawberry, mandarin, pineapple
$\$ 3.99$
Dr. Pepper: $\quad \$ 2.99$

Coca Cola bottle: $\$ 3.99$
Milca: $\quad \$ 3.99$

Kola shaler:

Rojita:
$\$ 3.99$

Horchata:

## OMETEPE BAR

| - Daiquiri | $\$ 7.49$ |
| :--- | ---: |
| - Mimosa | $\$ 6.99$ |
| - Piña colada | $\$ 7.49$ |
| - Old Fashion | $\$ 7.99$ |
| - Michelada 32 | $\mathbf{~ o z}$ |

- Vuelve a la vida 64 oz \$24.99

Michelada with shrimp and 3 beers

- Chelada
\$6.49
Lime juice served with tajin and your favorite beer
- Macua $160 z$ \$7.49 | $270 z \$ 9.99$
(white rum, orange juice, guava juice, fresh lime)
- Moscu mule $\$ 6.49$
- Jaibol
$\$ 6.99$
(rum + coke)
- Flor ginger
$\$ 6.99$
(flor de caña + ginger beer)
- Jicarito
$\$ 9.99$
(white rum, orange juice, squirt, chamoy, lime and tajin)
- Mojito $320 z$
$\$ 9.99$


## - Domestic beer $\$ 3.99$

Busch Light, Coors Light, Bud Light, Miller Lite, Michelob Ultra, Spotted Cow, Budweiser, Blue Moon, IPA Beer

- Imported beer \$3.99

Corona (premier, light, extra) bohemia, modelo especial, negra modelo, dos equis ( xx ), dos equis ( xx ) amber, victoria, toña

- Margaritas $160 z$ \$7.49 | $270 z$ \$9.49 | $640 z \$ 19.99$ Lime, strawberry, raspberry or mango
- Blue margaritas regular \$9.99 I large \$19.99
- Margarona $200 z$ \$9.99 I $640 z \$ 19.99$ (margarita + corona)
- White clow \$3.49
- Twisted tea $\quad \$ 3.49$
- Non-alcoholic - o'douls, corona, heineken \$3.99




## 〕 U Grilled chicken

Served with jalapeño or mushrooms sauce, rice and beans or gallopinto, dinner rolls, tajadas or maduro and house salad.

## Grilled steak

Served with chimichurri, jalapeño or mushrooms sauce, rice and beans or gallopinto, dinner rolls, tajadas or maduro and house salad.

## Carne Desmenuzada (shredded beef)

 Served with rice and beans or gallopinto, dinner rolls, tajadas or maduro and house salad.
## Cerdo Adobado

Served with rice and beans or gallopinto, dinner rolls, tajadas or maduro and cabbage salad.

## Churrasco

Grilled Sirlion Steak served with our Nicaraguan version of chimichurri sauce, which is chopped parsley, garlic, olive oil and white vinegar. Served with White rice or gallopinto, tajadas or dinner rolls and house salad.
© Carolina Martinez
Rewe
@ (608) 642-2549
(\%ww.lafritangawi.com
(f) (0) lafritangawi@gmail.com

